

Information sheet for the course Physical Education IX.

University: <i>Alexander Dubček University of Trenčín</i>	
Faculty: <i>Faculty of Health Care</i>	
Course unit code: <i>TV9/e</i>	Course unit title: <i>Physical Education IX.</i>
Type of course unit: <i>optional</i>	
Planned types, learning activities and teaching methods: <i>Seminar: 2 hours weekly/26 hours per semester of study; full-time</i>	
Number of credits: <i>1</i>	
Recommended semester: <i>3rd semester in the 2nd year (part-time)</i>	
Degree of study: <i>II. (magister)</i>	
Course prerequisites: <i>none</i>	
Assessment methods: <i>To obtain credit for the course (100 points), a student must:</i> <ul style="list-style-type: none"> - <i>Be actively present in the course's practical exercises – 26 practical educational units (50 points). Students are allowed two (2) free unexcused absences.</i> - <i>Acquire skills to be able to demonstrate in a correct way play activities of an individual and playing combinations in ice hockey (40 points).</i> - <i>Be actively present in sports tournaments (10 points).</i> <i>To obtain A, a student must score minimum 90, to obtain B a student must score minimum 80, to obtain C, a student must score minimum 75, to obtain D, a student must score 65, and to obtain E, a student must score 55. The credits are not granted to the students whose grade point average is 54 or lower.</i>	
Learning outcomes of the course unit: <i>A student after the successful completion of the course Physical Education IX. (hockey) acquires practical skills of play activities and their combinations in hockey. A student also acquires theoretical knowledge within the field of methodology, didactics and policy of hockey. A student reaches higher level of acquired skills depending on entry level. He or she can improve his or her attitude to hockey and healthy lifestyle.</i> <i>A student by means of the course acquires:</i> <p>(On cognitive level)</p> <ul style="list-style-type: none"> • <i>A student can name and define the concepts and characteristics of methodology, didactics and policy of hockey.</i> • <i>A student can perform the correct performance of technique of play activities of an individual.</i> <p>(On psychomotor level)</p> <ul style="list-style-type: none"> • <i>A student knows basic terminology of hockey.</i> • <i>A student can demonstrate and perform play activities of an individual at higher level depending on the entry level.</i> • <i>A student can demonstrate the correct technique of play activities of an individual in hockey.</i> <p>(On affective level)</p> <i>A student realises the importance and significance of movement activity and sports games and is interested in theoretical knowledge and practical skills in the field of sports games.</i>	
Course contents: Exercises: <ol style="list-style-type: none"> 1. <i>Diagnostics of current play activities of an individual in hockey, differentiation according to the current performance.</i> 2. <i>Mastering basic skills in hockey depending on group assignment.</i> 	

3. *Improving and expanding basic skills in hockey.*
4. *Sports games - Game activities defensive.*
5. *Sports games – Game activities assault.*
6. *Special warming in hockey.*
7. *Practicing defensive game combinations in hockey.*
8. *Practising assault game combinations in hockey.*
9. *Participation in the tournament and the tournament organization.*
10. *Diagnosis of acquired skills and competences.*

Recommended of required reading:

1. ARGAJ, G. 2002. *Využitie pohybových hier pri nácviku a zdokonaľovaní herných činností v športových hrách (1. časť). Športové hry, roč. VII, č. 4, 2002 s.34-37*
2. STARŠÍ, J. 1977. *Základy korčuľovania a korčuliarskych športov. Bratislava : 1977*

Language: *Slovak*

Remarks:

Evaluation history:

A	B	C	D	E	FX

Seminar:

PaedDr. Lubomír Král, PhD.

PaedDr., PhDr. Tatiana Nevolná, PhD.

PaedDr. Iveta Petříková Rosinová, PhD., MHA.

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