

Information sheet for the course Fundamentals of Communication in Public Health

University: <i>Alexander Dubček University of Trenčín</i>	
Faculty: <i>Faculty of Health Care</i>	
Course unit code: ZKVerZdr/e	Course unit title: Fundamentals of Communication in Public Health
Type of course unit: <i>compulsory</i>	
Planned types, learning activities and teaching methods: <i>Lecture: 1 hour weekly/13 hours per semester of study; full-time</i> <i>Seminar: 1 hour weekly/13 hours per semester of study; full-time</i>	
Number of credits: 2	
Recommended semester: <i>4th semester in the 2nd year full-time</i>	
Degree of study: <i>I (bachelor)</i>	
Course prerequisites: <i>none</i>	
Assessment methods: Students can obtain up to 100 credits per term. During the term there will be one written test worth 50 credits and one oral exam worth another 50 credits. In order to obtain level A at least 95 credits are required. In order to obtain B level it is required to gain at least 90 credits, for C level students need at least 85 credits, for D level students need at least 80 credits, and for E level at least 65 credits. No credits will be granted to a student who will receive less than 30 points.	
Learning outcomes of the course unit: In this programme students will gain knowledge in communication and communication skills. They will be able to analyse the elements of verbal and non-verbal communication. They will use model situations to demonstrate the communication skills practice, and both emphatic and assertive behaviour. They will be able to emphasize the need for reasonable self-realization in interpersonal relations, and they will be able to solve conflicts. Students will be able to point out specifications of a communication with an aggressive patient, a patient with sensory or mental disabilities.	
Course contents: 1. Communication and its importance in interpersonal relations. 2. Communication process. Verbal communication. The characteristics of the verbal communication, and function of speech. Verbal speech and paralinguistic means of speech. 3. Communication process. Non-verbal communication. Characteristics of non-verbal communication. Categorization of non-verbal communication. 4. Communication skills and their application in practice. The importance of communication. 5. Empathy and its usage in interpersonal relations. Particular elements of empathy in the approach. of a physiotherapist to the patient. 6. Assessment and diagnosis of communication problems. 7. Assertive behaviour in the profession of a health professional. Assertiveness analysis and practice of assertive behaviour. Conflicts and their solutions. 8. Aspects of the psychotherapeutic relation and communication in the approach of a health professional to the patient. 9. The structure of the interview and analysis. Typology of questions. 10. Evaluation and devaluation in social communication. 11. Specific features of a health professional's communication with a patient with motor, sensory or mental disability. 12. Health professional's communication with a child patient.	

13. Communications in extraordinary circumstances (with an aggressive man with depressive man, with a meticulous man, ...).

Recommended of required reading:

1. DAŠKOVÁ, M. – VARJASSYOVÁ, K. a coll. 2013. *Špecifická komunikácie na linke tiesňového volania*. Bratislava: ed. Medical literature: Herba, spol. s r.o., 2013. 124 p. ISBN 978-80-89631-06 -3.
2. KRISTOVÁ, J. 2009. *Komunikácia v ošetrovatel'stve*. Martin : Osveta, 2009. 182 p. ISBN 80-8063-160-3.
3. MOROVICSOVÁ, E. a coll. 2004. *Komunikácia v ošetrovatel'stve*. 1. ed. Bratislava: UK v Bratislave, 2004. 140 p. ISBN 80-223-1940-6
4. PLEVOVÁ, I. – SLOWIK, R. 2010. *Komunikace s detským pacientem*. 1. ed. Praha : Grada Publishing, a.s., 2010. 256 p. ISBN 978-80-247-2968 -8.
5. POKORNÁ, A. 2010. *Komunikace se seniory*. 1. ed. Praha : Grada Publishing, a.s., 2010. 160 p. ISBN 978-80-247-3271 -8.
6. PTÁČEK, R. – BARTŮNĚK, P. a coll. 2011. *Etika a komunikace v medicíně*. Praha : Grada Publishing, a.s., 2011. 528 p. ISBN 978-80-247-3976 -2.
7. VENGLÁROVÁ, M.- MAHROVÁ, G. 2006. *Komunikace pro zdravotní sestry*. Praha : Grada Publishing, a.s., 2006. 144 p. ISBN 80-247-1262 -8.
8. WERNEROVÁ, I. 2010. *Komunikace pro každého*. Ed. 1. Computer Media spol. s r.o., 2010. 240p. ISBN 978-80-7402-064-3.

Language: Slovak

Remarks:

Evaluation history: *Number of evaluated students*

A	B	C	D	E	FX

Lectures:

PhDr. Kamila Jurdíková

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Supervisor: doc. MUDr. Mária Štefkovičová, PhD., MPH.